

## Assess Your Quiz/Exam

1. List the number of each quiz question you missed in the top row.
2. For each missed question, mark an X corresponding to the description that best explains why you missed that question. You may mark more than one reason.
3. Add up the number of Xs at the end of each row, then total the amount for each section. These numbers indicate the areas of study and test-taking strategies that need more attention.

Reasons for Missing Questions		Question Number Missed on Quiz										Items Missed
Content Preparation	I did not read the textbook or notes											
	I studied, but could not remember things											
	I knew the main ideas, but needed details											
	I couldn't apply the information I knew											
	I need an example problem to follow											
	I was not sure what I was asked to solve											
	I did not know how to get started											
	I could not complete the steps											
<b>TOTAL – Content Preparation</b>												
Test Anxiety	I experienced a mental block											
	I spent too much time daydreaming											
	I was so tired I could not concentrate											
	I was so hungry I could not concentrate											
	I panicked											
	I kept getting distracted by noises											
<b>TOTAL – Test Anxiety</b>												
Test Taking Skills	I carelessly marked a wrong choice											
	I did not notice limiting words (e.g., “only”, “except”, “always”, “never”)											
	I did not notice a double negative (e.g. “not unlike”, never unimportant”)											
	I changed a right answer to a wrong one											
	I misread or misinterpreted the question											
	I made poor use of time provided											
	I wrote poorly organized responses that were difficult to parse											
<b>TOTAL – Test Taking Skills</b>												