CPET Certificate of Practice   
- Teaching Experience Reflection-

**This form is intended to help you to reflect on your completed teaching experience, as part of the “reflect” aspect of the CPET Certificate of Practice in University Teaching. Please fill out this form at the end of each teaching experience. You should upload this form to the corresponding “Reflect – Teaching Experience” assignment on Canvas (e.g. “Reflect – Teaching Experience 2” if you are reflecting on your second Teaching Experience) to receive feedback on your ideas.**

**Deadline : Please return within two weeks of completing your Teaching Experience.**

**Name**:

**Date**:

**Teaching Experience**:

\*\*\*\*\*Please re-read the initial “Teaching Experience” form you completed for this teaching experience\*\*\*\*\*

**What were your goals before beginning this teaching experience?**

**Did your goals change throughout the teaching experience? If so, how?**

**What best practices did you ultimately implement to address these goals?**

**What goals did you achieve, either partially or in full? How did you measure your achievement?**

**If you were to repeat this teaching experience, what methods would you retain? Why?**

**If you were to repeat this teaching experience, what methods would you improve upon or do differently? Why?**

**If you were to repeat this teaching experience, are there any methods you would avoid? Why?**

**How will you use what you learned in this teaching experience to help you succeed in your next teaching experience?**